

New Home Family,

For the last number of weeks, we have been discussing sermonically the necessity for us as believers to "train for godliness," to work at developing a disciplined life in God. This training is employed through spiritual disciplines or exercises, acts and habits that Philip Nation shares, "expresses our love for God and fosters a greater display of His glory in our lives and a deeper understanding of His character and agenda."

One of these exercises is fasting, the spiritual discipline that completely or partially eliminates food and/or drink in order to spend mealtimes in prayer for biblical purposes. This churchwide fast is our corporate effort to engage in this discipline together. I believe that it will strengthen you personally, and strengthen us congregationally, as we take these few days together to seek God in this unique and sacrificial way.

By now, I hope you have chosen to engage in this discipline with us together, through a partial or absolute fast. General information about the various fasting types is on our website, <u>www.thenewhomembc.org/fast</u>. Prayerfully and wisely select a method that is sacrificial, but not detrimental to your personal health.

Below are scriptures and shirt thoughts to guide your moments of prayer that are in substitute to your mealtime. They are varied, selected to encourage you persevere through this fasting period and to empower you spiritually.

I believe by faith, that this period will be beneficial to us in many ways, as I believe that whenever we fast with our spiritual relationship to Christ in mind, we are never wasting our time.

I pray that we experience divine impartation and inspiration as we share in this time together.

Because of Christ,

Rev. Christisth. 7.

Rev. Christopher M. Todd Senior Pastor, The New Home Missionary Baptist Church

## Sunday, February 6<sup>th</sup>

5:30 p.m.—Begin Churchwide Fast

Join in via Conference Call (267-807-9598, access code: 144-744-228#) or Facebook Live (@thenewhomerockford) for corporate prayer led by Pastor T.

Emphasis: Matthew 4:4

## Monday, February 7<sup>th</sup>

Know that God is near, to help those who are hurting, to deliver and liberate those who are bound, and to satisfy the spiritual appetite for those who are hungry.

Morning Emphasis: Psalm 147:3

Midday Emphasis: Psalm 34:17-20

Evening Emphasis: John 6:35

## Tuesday, February 8th

The Lord can give us the strength to overcome our sin and the endurance to persevere through our struggles.

Morning Emphasis: 1 Corinthians 10:13

Midday Emphasis: James 1:12

Evening Emphasis: 2 Corinthians 12:9

## Wednesday, February 9<sup>th</sup>

Thank God that I am known by Him, and He invites us to know Him, personally relationally, and intimately.

Morning Emphasis: Hebrews 10:36

Midday Emphasis: Philippians 3:8-11

**6:30 p.m.**—Join in via Conference Call (267-807-9598, access code: 144-744-228#) for our Midweek Devotional and Prayer and the conclusion of our churchwide fast.

Evening Emphasis: Jeremiah 9:23-24